

No shopping for a day

Every year the last Friday in November is Buy Nothing Day. It's a day that warns us about the "Hyper-consumerism". Our society is used to it and everybody has commonly accepted it.

What can you do?

- Think carefully about your shopping and buy only what you really need.
- Consume local products that reduce transport expending and environmental impact.
- Reuse and recycle as much as you can.
- Avoid using plastic bags and wrappings.
- Buy goods or services thanks to which people can get a right salary (no child labor and an equal salary for women).

To learn more about...

There's only one Earth and we can't continue removing resources at this pace or polluting it in such a terrible way.

Each person is responsible of taking care of our planet. As a consequence, we should try to improve it instead of getting it worse.

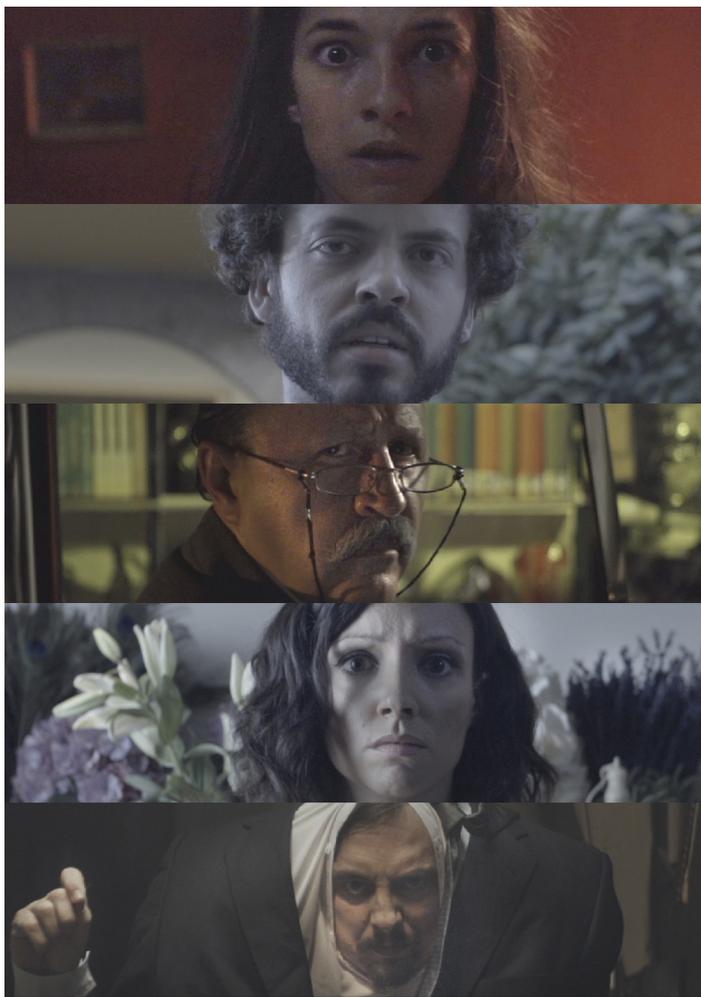
Friday, November 27th, is "Buy Nothing Day"

**Will you be able to spend it
without any shopping at all?**



412 steps

“Miracles sometimes need thousand chances to take place. They are not only smaller than people expect but also they don't exist at all. 412 steps and a world of actions which are not only individual but also necessary happen in a parallel way. As a consequence, the miracle can take place. And curiously, if at least one of these things weren't as they are, this story wouldn't make sense in the space-time they happen. “



This short film, 412 steps, has been made for the educational campaign “Do things taking into account the other people”. It seems to be a tool to work in class and to discover the relation among people, their link with the environment and how everything we do or give up doing has an effect on other people's lives.

If we are aware of our actions and their results, we will be more responsible people regarding to our environment, we will develop a critical mind and we can be more active people in our society.

▶ <http://ow.ly/T3LQ5>





RETROCYCLING ROBOT

It's an easy, funny and direct short film about the importance of recycling and the necessity of involving all people around the world in this process so that our mind would change regarding it.



▶ SEE VIDEO -> [OW.LY/T4BSB](https://ow.ly/t4bsb)

A TWO-MINUTES STORY ABOUT FOOD

More than 50 per cent of the food we grow is thrown away. How does it take place? We can find the answer to this question in this short video.



▶ SEE VIDEO -> [OW.LY/T4ROZ](https://ow.ly/t4roz)

Find out the hidden secrets of canned tuna

Thousands of cans and pots of tuna are seen in our shops and supermarkets every day. They offer us tuna in a variety of ways: natural, in olive oil or in tomato juice. However, is it possible to know where and how they have been fished? Is it important to know this information? Do their brands contain all the information we must know to be responsible consumers?

Greenpeace has released its **Canned Tuna for 2015**

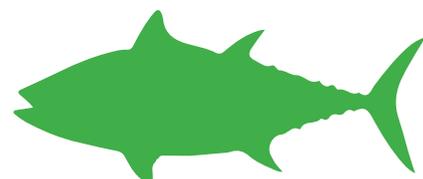


www.greenpeace.org/espana/es/Trabajamos-en/Defensa-de-los-oceanos/Atun/Guia-de-atun-2015/

We can have every kind of tuna. What is more, we can do that in a responsible way and consume the brands which are the most sustainable.

Do you think they are the most expensive ones?

Check it on the Canned Tuna Guide.





Calendario Solidario

November

6 *International Environmental Effects on War Day*

<http://ow.ly/T43Qr>

10 *World Science Day for Peace and Development.*

19 *World Sanitation Day*

<http://ow.ly/T44Q5>

20 *World Children's Day*

25 *International Day for the Elimination of Violence Against Women*

<http://ow.ly/T45Oe>

27 *Buy Nothing Day*

<http://ow.ly/T45Af>

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